

Rehabilitation Success!!!

We are pleased to share another wonderful rehab success story from:



Name: Mr. Teddy L.

Admitting Diagnosis: TKA revision due to loose tibial component, I & D of infected pre-patellar bursa.

Admission Date: 03/10/2017

Discharge Date: 04/10/2017

Discharge Location: Private Residence

Success Story: Mr. L admitted to the hospital after his previous TKA became infected and needed to have a revision. After having surgery he admitted to Pine Meadows with antibiotics ordered for 4 weeks via Picc Line, and OT, PT and ST. He was WBAT on left leg, experiencing 5/10 pain level in left knee, standby assist for bed mobility, contact guard for transfers, gait with a rolling walker 100 ft with contact guard assist, a Berg Balance Score of 16/56 (high risk of falling).

After receiving skilled therapy for therapeutic exercise, therapeutic activity, neuromuscular reeducation, gait training, self care management, and cognitive training he was able to improve all functional areas to Good - dynamic standing balance, Modified Independence for bed mobility and transfers, gait 300 ft with RW and distant supervision, his Berg Balance Score improved to 42/56 showing a low risk of falling, he was able to complete grooming/hygiene with Modified Independence, bathing and dressing with Modified Independence, and was able to return home with his wife and home health services for nursing follow up after antibiotics.

Mr. L was a patient here a few years ago after his first TKA in 2015 to the same leg, he stated that since he received such good care and therapy the last time and was able to go home quickly, he wanted to come back to the facility this time. His wife admitted the following day to Pine Meadows after falling at the hospital and fracturing her hip. They were able to be in the same room together, which helped each other with encouragement and "supervision". Their initial plan was to come in together and get treatment and therapy and go home at the same time, once his antibiotics were complete. We were able to keep our promise to do just that and send them both home with a smile on their faces.

Pine Meadows Healthcare and Rehabilitation Center, a Bolivar Nursing Home, located approximately 60 miles east of Memphis, is dedicated to meeting the healthcare needs of Bolivar, and our surrounding communities. Whether you are recovering from a serious illness, trauma or surgical procedure and need to "bridge the gap" from hospital to home, are affected by Alzheimer's disease or other related dementias, or are planning to make Pine Meadows your home, our dedicated and knowledgeable staff are here to help you recover and reach your highest level of function and independence.

Functional Outcome Measures

