

Rehabilitation Success!!!

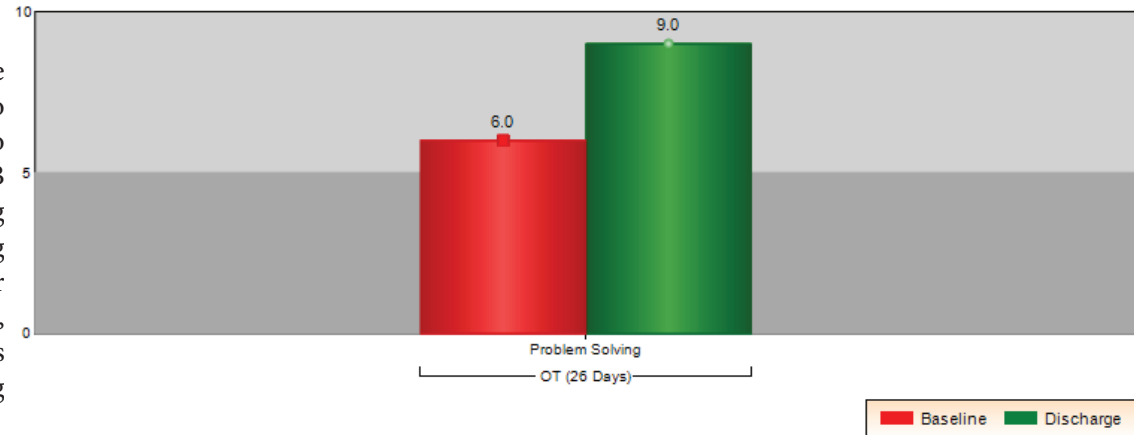
We are pleased to share another wonderful rehab success story from:



Name: Ms. Brenda L.
 Admitting Diagnosis: Hip fracture
 Admission Date: 03/11/2017
 Discharge Date: 04/10/2017
 Discharge Location: Private Residence

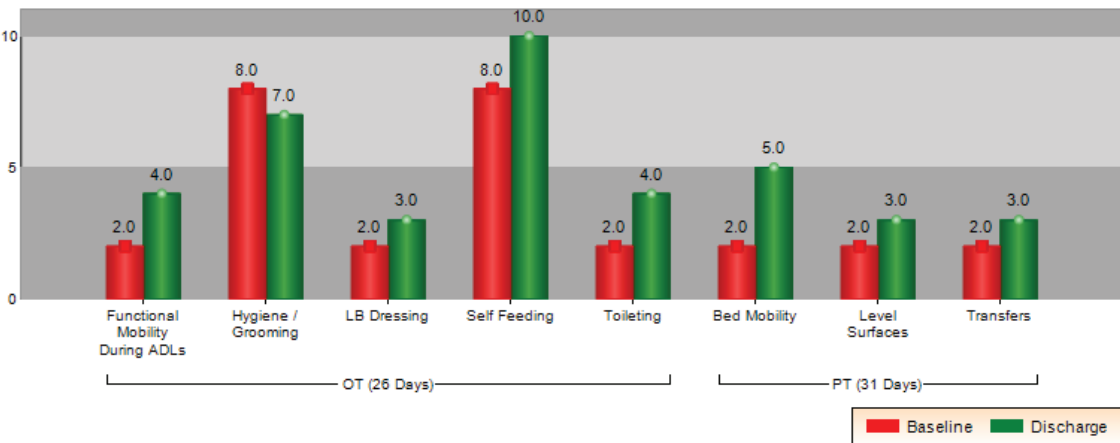
Functional Outcome Measures

Success Story: Ms. L was visiting her husband at the hospital when she fell in the bathroom and fractured her hip. She needed to have surgery to repair it and was admitted to Pine Meadows a day after her husband who was also admitted. Ms. L was admitted to Pine Meadows with TDWB restrictions to left leg, she exhibited 3+/5 muscle strength, static sitting balance of fair, dynamic sitting balance of fair -, poor static standing balance and unable to complete dynamic standing balance activity. Her bed mobility and transfers both required Maximum assist to complete, and she was only able to stand up but not walk. Her pain level was reported at 8/10 in left leg. She required Maximum assist for toileting and dressing also.



After receiving 4 weeks of skilled therapy intervention including therapeutic exercise, therapeutic activity, neuromuscular reeducation, gait training, and self care management she was able to return home with her husband once he was discharged.

She was able to perform bed mobility tasks with modified independence, transfers with minimum assistance due to still having weight bearing restrictions on LLE and she was not able to maintain on her own. She was able to walk with RW with minimum assistance for a distance up to 25 feet but needed cues to follow restrictions. Her toileting and dressing improved to minimum assistance. Upon discharge from the facility, she was sent home per her request with home health OT, PT and nursing to follow her at home for continued care.



Pine Meadows Healthcare and Rehabilitation Center, a Bolivar Nursing Home, located approximately 60 miles east of Memphis, is dedicated to meeting the healthcare needs of Bolivar, and our surrounding communities. Whether you are recovering from a serious illness, trauma or surgical procedure and need to "bridge the gap" from hospital to home, are affected by Alzheimer's disease or other related dementias, or are planning to make Pine Meadows your home, our dedicated and knowledgeable staff are here to help you recover and reach your highest level of function and independence.

FUNCTIONAL OUTCOME MEASURES	
Independent	10.0
Modified Independent	9.0
Set Up	8.0
Supervision	7.0
Stand By Assistance	6.0
Contact Guard Assistance	5.0
Minimal Assistance	4.0
Moderate Assistance	3.0
Maximum Assistance	2.0
Total Dependence Plus	1.0
Total Dependence	0.0